

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

- Coaches: Wielandt Pieter
- Coaches: Moentjens Ann HEADCOACH
- Coaches: Van Breusegem Mathias
- Coaches: Huberty Maren
- Coaches: De Noble Naomi
- Coaches: De Waele Lente
- Coaches: De Backer Bart

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:3, starttime: 09:04
Heat: 3/6 Lane : 6 Athlete: DE CHAMPS LOÏC					Q-time: 01:20:92
PB (25m pool): 01:17.06 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:20.92 SB: 01:17.06 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.75		01:17.06	
		00:35.75		00:41.31	
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:3, starttime: 09:04
Heat: 3/6 Lane : 7 Athlete: BECK STANN					Q-time: 01:21:49
PB (25m pool): 01:20.79 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:22.33 SB: 01:20.79 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.15		01:20.79	
		00:38.15		00:42.64	
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 09:14
Heat: 2/5 Lane : 1 Athlete: BEULENS LOTTE					Q-time: 01:25:74
PB (25m pool): 01:25.74 Temse 17/11/2025					PB (50m pool): 01:27.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.37		01:25.74	
		00:40.37		00:45.37	
					

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 15-16							Heat:3, starttime: 09:28	
Heat: 3/5 Lane : 3 Athlete: LIEVENS TIEBE							Q-time: 02:23:23	
PB (25m pool): 02:23.23 EEKLO 04/10/2026				PB (50m pool): 02:29.53 SB: 02:23.23 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.75		no time		no time		02:23.23
	00:30.75							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 15-16							Heat:4, starttime: 09:31	
Heat: 4/5 Lane : 4 Athlete: VAN TRICHT FINN							Q-time: 02:19:68	
PB (25m pool): 02:19.68 T ROSCO 12/10/2025				PB (50m pool): 02:20.47 SB: 02:20.17 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.64		01:06.58		01:47.24		02:19.68
	00:30.64		00:35.94		00:40.66		00:32.44	
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14										Heat:2, starttime: 09:51			
Heat: 2/4 Lane : 5 Athlete: UVYN MAXIM										Q-time: 00:33:04			
PB (25m pool): 00:32.34 Sint-Amandsberg 18/10/2026										PB (50m pool): 00:34.23 SB: 00:32.34 Sint-Amandsberg 18/10/2026			
	2 5 M			5 0 M									
PB				00:32.34									
				00:32.34									
													

Coach feedback:

Event number: 6: 50M BACKSTROKE WOMEN 13-14							Heat:1, starttime: 09:56			
Heat: 1/4 Lane : 8 Athlete: BOGAERT HANNE							Q-time: 00:36:78			
PB (25m pool): 00:36.91 EEKLO 04/10/2026				PB (50m pool): 00:36.78SB: 00:36.91 EEKLO 04/10/2026						
	2 5 M		5 0 M							
PB			00:36.91							
	00:36.91									
										

Coach feedback:

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Event number: 9: 400M FREESTYLE MEN 13-14							Heat:1, starttime: 10:18	
Heat: 1/4 Lane : 1 Athlete: BECK STANN							Q-time: 05:07:97	
PB (25m pool): 05:01.00 Sint-Amandsberg 18/10/2026				PB (50m pool): 05:12.09SB: 05:01.00 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.91		01:12.19		01:51.02		02:29.54
	00:33.91		00:38.28		00:38.83		00:38.52	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:08.22		03:46.70		04:24.98		05:01.00
	00:38.68		00:38.48		00:38.28		00:36.02	
								

Coach feedback:

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:2, starttime: 10:24	
Heat: 2/4 Lane : 1 Athlete: DE CHAMPS LOïc							Q-time: 04:55:42	
PB (25m pool): 04:55.42 BEERNEM 19/09/2026				PB (50m pool): 05:38.20 SB: 04:55.42 BEERNEM 19/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:08.61		no time		02:24.08
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:55.42
								

Coach feedback:

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:4, starttime: 10:35	
Heat: 4/4 Lane : 7 Athlete: DE BIE DAAN							Q-time: 04:33:69	
PB (25m pool): 04:28.80 Sint-Amandsberg 18/10/2026				PB (50m pool): 04:43.20SB: 04:28.80 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.08		01:03.20		01:37.13		02:11.87
	00:30.08		00:33.12		00:33.93		00:34.74	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:46.20		03:20.79		03:55.35		04:28.80
	00:34.33		00:34.59		00:34.56		00:33.45	
								

Coach feedback: